

Byron Youth Soccer Association



Cold Weather Guidelines

Players must dress in appropriate clothing. Field conditions will be affected by freezing rain, sleet and snow. The ground may become frozen and be unsafe for play. Temperature means either ambient (still air) or wind chill index.

Cold Index Recommendations

46° +	Normal Play
45° and lower	Additional clothing is allowed as long as it's deemed safe (see below)
40° and lower	Shorten games by 5 minutes each half
35° and lower	Suspend Play

Acceptable Additional Clothing

- Layered beneath a uniform – Long sleeves, long pants (leggings), added socks
- Gloves or mittens
- Stocking caps without straps
- Sweatpants or sweatshirts in extreme conditions may be worn under the uniform provided the entire team uses the same color
- Jackets may be worn under the jersey ensuring the number is visible

Unacceptable Additional Clothing

- Hooded sweatshirts
- Earmuffs
- Scarves